



ITF WALES



ITF Wales Invite you to the...

ITF WALES OPEN 2024

WHEN: Sunday **4th February** 9 am

WHERE: Penarth Leisure Centre
Andrew Road
Cogan, Penarth
CF64 2NS

Free Parking available on site

Open to Colour belts – All Grade and ages

CATEGORIES IN:

Sparring
Patterns
Special Technique (Juniors only)
Dragon's Tail
High Kick



Key Information

Entry Fee: £20 See entry form for full details
(£15 for 4-7 year olds)

Deadline for Entries : 28th January

Entry Forms: Individual and school entry forms attached



ITF WALES

ITF WALES OPEN - February 2024 INDIVIDUAL ENTRY FORM

Sunday 4th February 2024 -9am
Penarth Leisure Centre
Andrew Road, Cogan
Penarth, CF64 2NS

Please Return Completed Forms and Fee to
your Taekwon-do Club/School

Competitor Details

Full Name: _____

Taekwon-do School: _____

Date of Birth: ____/____/____ **Age:** ____ **Male** **Female**

Grade: **White** **Yellow** **Green** **Blue** **Red**

Events

Sparring

No

Yes

Patterns

No

Yes

Special Technique

No

Yes

(Juniors -14yrs only)

Under 13

13yrs Plus

Height CM:

Weight Kg:

Dragon's Tail

Yes

No

*4 - 7
Years
only*

High Kick

Yes

No

Entry and Declarations

I accept that my group may be merged with another or cancelled if insufficient competitors. I agree that the decision of officials is final.

I will wear ITF approved protective gear on head, hands, feet, gumshield, and groin guard (males). I will wear a white dobok without instructor stripes

This competition will be run in accordance with ITF rule set. I agree to the use of video and photography at this event.

Sparring and Patterns are open to 6 years plus. Special Technique is open to 7 - 13 years. 4 - 7 years compete in Dragons Tail and High Kick events.

Entry fee: £20 per competitor. £15 for 4 - 7 year olds. Spectators: Free.

All fees must be by cheque payable to ITF Wales and must be paid in full before the competition date.

There is a £5 late entry surcharge - payable for entries received after the 28th January 2024.

I enclose full payment, I agree with the above and certify all details are correct:

Competitor declaration

Contact telephone _____

Signature
(Parent if under 16): _____

Instructor declaration

Name _____

Signature: _____



ITF WALES

ITF WALES OPEN – February 2024

SCHOOL ENTRY FORM

Sunday 4th February 2024 -9am
Penarth Leisure Centre
Andrew Road, Cogan
Penarth, CF64 2NS

Please Return Completed Forms and Fee to your Taekwon-do Club/School

School Details

**Taekwon-do
School:** _____

Number of Competitors: _____

Instructor: _____

Entry and Declarations

Sparring and Patterns are open to 6 years plus. Special Technique is open to 7 – 13 years. 4 – 7 years compete in Dragons Tail and High Kick events.

Entry fee: £20 per competitor. £15 for 4 – 6 year olds. Spectators: Free.

All fees must be by cheque payable to ITF Wales and must be paid in full before the competition date. There is a £5 late entry surcharge – payable for entries received after the 28th January 2024.

As the instructor of the competitors listed I agree with the above and have ensured all competitors (and parents if -16yrs) agree to the rule set and declarations. I certify and confirm all details are correct.

I enclose full payment for the competitors listed

Instructor declaration

Name _____

Signature: _____

